

JOGA U PARKU

HAJDE DA SE DRUŽIMO I VJEŽBAMO ZAJEDNO!

**SVAKE SUBOTE TOKOM LJETA 2012
EVERY SATURDAY DURING THE SUMMER 2012**

**9h Veliki gradski park - Tivat
9h Gradski park - Kotor**

**Besplatno
Free**



Dodatne informacije: www.expeditio.org / www.artofliving.org

Svi su dobrodošli - djeca, omladina i stariji, punački i mršavi, ukočeni i razgibani, žene i muškarci... **BAŠ SVI !** Potrebno je udobno se obući i obući. Ponesite sa sobom podlošku za vježbanje.

All are welcome - children, young and old, plump and thin, those working out regularly and those who do not, women and men... **ALL!** Bring your exercise mat.

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Akcija "Joga u parku" dio je projekta NVO Expeditio - "**Promocija principa održivog razvoja u javnim prostorima Boka Kotorske**". Cilj ove aktivnosti je promocija zdravih stilova življenja ali i raznovrsnih mogućnosti za korišćenje javnih prostora u našim gradovima.

Action "Yoga in the Park" is part of the project "**Promoting the Principles of Sustainable Development in Public Spaces of Boka Kotorska**" implemented by the NGO EXPEDITIO. The aim of the action is to promote healthy lifestyles, as well as the diversity of ways in which public spaces in our towns can be used.

Nosilac projekta je Expeditio iz Kotora
u saradnji sa The Art of Living

Donator projekta / Project funded by:



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